



**BAKERY  CAFE**  
Bread. The way it *ought* to be.

# Fresh FROM THE CAFE Menu

Winter/Spring 2018



5327 Oleander Dr, Ste 100  
Wilmington, NC 28403  
(910) 793-2330  
M - Sat: 6:30 AM - 6 PM

2,000 calories a day is used for general nutrition advice, but calorie needs vary.

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# Sandwiches, Box Lunches, and Catering

## Classic Turkey Sandwich

600 cal. .... \$7.25  
Smoked turkey breast with choice of cheese, lettuce, tomato, red onion, Dijon mustard, mayonnaise, and salt & pepper mix.

## Classic Ham and Cheese Sandwich

600 cal. .... \$7.25  
Smoked ham with choice of cheese, lettuce, tomato, red onion, Dijon mustard, mayonnaise, and salt & pepper mix.

## Classic Roast Beef Sandwich

620 cal. .... \$7.75  
Roast beef with choice of cheese, lettuce, tomato, red onion, Dijon mustard, mayonnaise, and salt & pepper mix.

## Louisville Chicken Salad Sandwich

700 cal. .... \$7.25  
White meat chicken with a seasoned mayonnaise dressing, sweet & spicy pecans, lettuce, tomato, red onion, and salt & pepper mix.

## Baja Chipotle Turkey Sandwich

630 cal. .... \$7.75  
Smoked turkey breast with a house-made chipotle mayonnaise, shaved cabbage, pickled red onions, tomato, avocado, pepper jack cheese, and salt & pepper mix.

## Veggie 3 Seed Hummus Sandwich

540 cal. .... \$6.25  
Vegan! Roasted sesame, sunflower, and pumpkin seeds puréed with chickpeas in a healthy, protein packed hummus spread served with carrot, cucumber, sprouts, lettuce, tomato, onion, and salt & pepper mix.

## Peanut Butter and Jelly

650 cal. .... \$4.25  
Creamy Peanut Butter & Jelly.

## Make it a Meal

..... \$2.00  
Add your choice of chips and a drink.  
Any Sweet and a drink \$3.25

## Classic Box Lunch

..... \$9.25  
Choice of Sandwich with Chips and a Drink in Great Harvest Box - Perfect for your next meeting or event.

## Executive Box Lunch

..... \$10.25  
Choice of Sandwich with Chips, a Giant Cookie and a Drink in a Great Harvest Box.

## Sandwich Tray

..... 12 - \$85 24 - \$170  
Catered assortment of our delicious, made-from-scratch sandwiches. Can be halved or quartered.

## Assorted Sweets Tray

..... 12 - \$24.00 24 - \$48.00  
Catered assortment of 12 or 24 of our fresh-baked sweets.

## Cookies for a Crowd

..... 12 - \$20.00 24 - \$40.00  
Assortment of our Giant Cookies baked fresh daily.

## Chips for a Crowd

..... 12 - \$8.00 24 - \$16.00

## Drinks for a Crowd

..... 12 - \$10.00 24 - \$20.00

## Coffee for a Crowd

..... \$16.00  
96 oz of coffee brewed from locally-roasted Carolina Coffee. Serves 8-12.

## Special Catered Events

Give us a call and let us know how we can customize delicious food for your next event!

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